Dear Teacher (name),

My child has a food allergy problem. My child is too young to understand what he is allowed and not allowed to eat at his age, so I am concerned when my child is around other children. I am concerned because of other parents brining in food that my child cannot eat. Also I am concerned that my child will share something or someone will share with him something that can harm my child. I am writing this letter to ask you to help protect my child in your classroom. My child cannot have nuts, peanut butter, berries, wheat products, and dairy products. Please help me by protecting my child in your classroom.

Sincerely,

Parent (name)

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